

## **CROSS-COUNTRY**

Site: Complexo Desportivo de VRSA

Vila real de Santo Antonio

The following information can change. Please check the modification on our website and directly at the Games Centre.

CATEGORIES: Reference date, 03rd July 2022

A: Under 35 years old C: From 45 to 55 years old E: From 65 to 70 years old B: From 35 to 45 years old D: From 55 to 65 years old F: Over 70 years old

## **COMPETITION SCHEDULE:**

Meeting at 3.00 pm, start at 4.00 pm.

THURSDAY 4.00 pm

## PRACTICAL INFORMATION:

Route and elevation: to be provided soon

Water station each 5k

Accompanying people can compete, but they will not be ranked.

Medals award ceremony directly on site at the end of the event.



Info & results: www.medigames.com