

SWIMMING

Site : Complexo Municipal de Piscinas

Vila Real de Santo Antonio

The following information can change. Please check the modification on our website and directly at the Games Centre.

CATEGORIES: Reference date, 3rd June 2022

A: Under 35 years old

C: From 45 to 55 years old

E: From 65 to 70 years old

B: From 35 to 45 years old

D: From 55 to 65 years old

F: Over 70 years old

COMPETITION SCHEDULE:

Each day, meeting at 8.00 am, competitions start at 9.00 am.

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9.00 am	9.00 am		9.00 am	9.00 am
100m backstroke	400m freestyle		100m breast	200m freestyle
100m freestyle	50m butterfly (cat E&F)		50m freestyle	4x100m relay
	100m butterfly			200m medley

PRACTICAL INFORMATION:

Relays:

3 age categories minimum have to be represented within a team.

1 accompanying person allowed per relay.

Don't forget your badge, it will be requested at the swimming-pool entrance.

Accompanying people can compete, but they will not be ranked.

