

## CYCLING

*The following information can change. Please check the modification on our website and directly at the Games Centre.*

**CATEGORIES:** Reference date, 3rd July 2022

A: Under 35 years old

C: From 45 to 54 years old

E: From 65 to 69 years old

B: From 35 to 44 years old

D: From 55 to 64 years old

F: Over 70 years old

### Competition schedule :

**Briefing:** Monday, July, 3rd (9.00 pm) - Yellow Praia Hotel - Diogo Cão room

**Friday stage, bike pick-up and shuttle transfer:** 6.30 am, Hotel Yellow Praia

**Shuttle departure and return:** 11:00 am

	TUESDAY	WEDNESDAY	FRIDAY	SATURDAY
Meeting	7.00 am	7.00 am	7.00 am	7.00 am
Start	8.00 am	8.00 am	8.00 am	8.00 am
	Time trial	1st Stage	2nd Stage	3rd Stage

### PRACTICAL INFORMATION:

**General classification by categories by cumulative time of the 4 stages**

**Medals will be awarded each evening to the winners of the day's stage.**

Entrants will wear only one number for all the stages.

Accompanying people can compete, but they will not be ranked.

### **IMPORTANT:**

**Helmet must be worn. People who are not wearing a helmet will not be allowed to start.**

**Be careful: You have to respect the driving code rules otherwise you will be disqualified.**

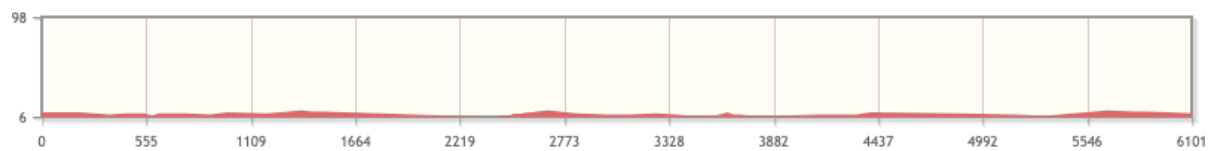
**Medals award ceremony directly on site.**

Info & results : [www.medigames.com](http://www.medigames.com)



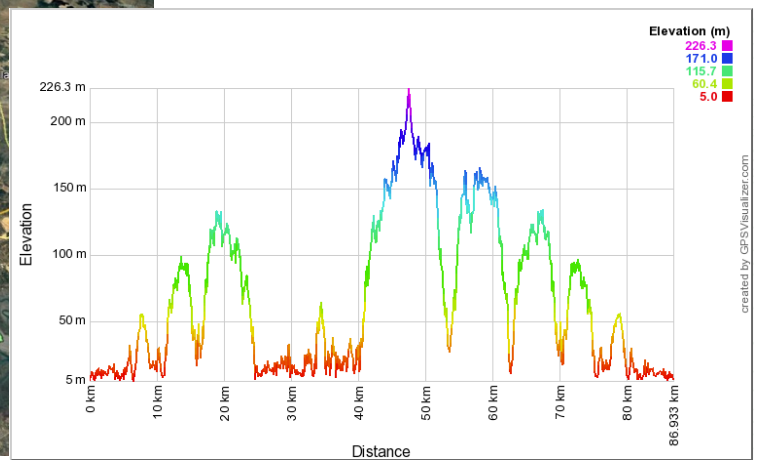
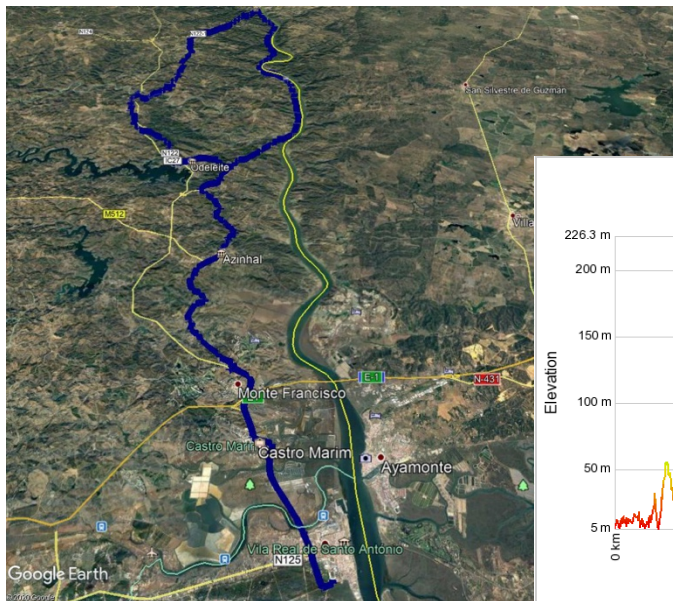
**Time trial: 6,1k on a flat route:**

***Start of the race:*** Campo Guadiana, EM511, 8900-211 Vila Real de Santo António



**1st Stage : 87,06km with 964m D+ :**

**Start of the race GPS POINTS:** 37.201925, -7.417547



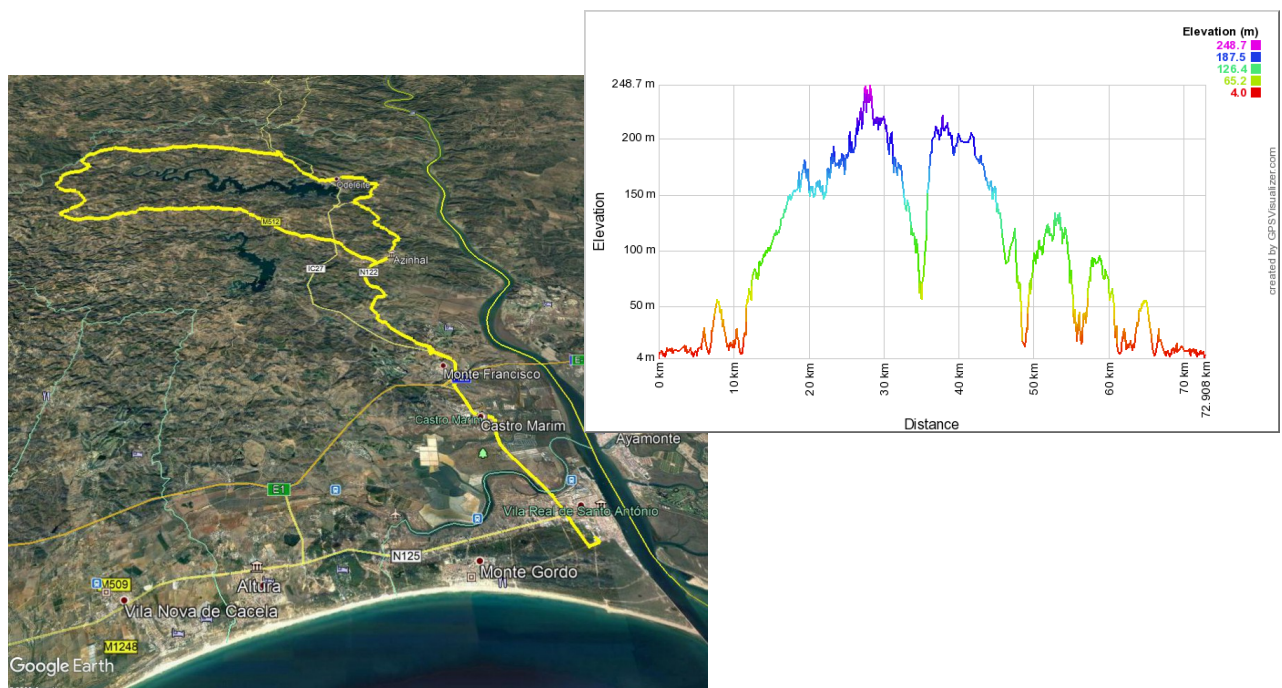
**2nd stage: 56,00km with 850 D+**

*Start of the race: 37.175123, -7.535420*



**3rd stage: 72,9km with 784m D+**

*Start of the race GPS POINTS: 37.201925, -7.417547*



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