

# CROSS COUNTRY

## Site : Municipality of Turbaco

Cartagena

*The following informations can change. Please check the modifications on our website and directly at the Games Center.*

### **CATEGORIES:** Reference date 31st December 2023

**A:** Under 35 years old

**B:** From 35 to 44 years old

**C:** From 45 to 54 years old

**D:** From 55 to 64 years old

**E:** From 65 to 69 years old

**F:** 70 years old and over

### **COMPETITION SCHEDULE:**

Warm-up ½ hour before the start.

WEDNESDAY

MORNING

### **PRACTICAL INFORMATIONS:**

Accompanying persons are allowed

Medals award ceremony directly on site at the end of the event.

### **Circuit**



**Distance:** 8 km

**Technical difficulty:** difficult

**Positive elevation:** 69m

**Negative elevation:** 69m

**Maximum altitude:** 148m

**Minimum altitude:** 128m

**Trailrank:** 1

**Type of route:** circular

The Cross Country race will take place in the facilities of the Proyecto Campestre Cabañas del Rey, which is located in the municipality of Turbaco. The course has a distance of 8 km.