

CROSS COUNTRY

Site: Ramatuelle (83350)

The following informations can change. Please check the modifications on our website and directly at the Games Center.

AGE CATEGORIES: Reference date 31st December 2024

A: Under 35

C: From 45 to 54

E: From 65 to 69

G: More than 75

B: From 35 to 44

D: From 55 to 64

F: From 70 to 75

COMPETITION SCHEDULE:

Warm-up ½ hour before the start.

THURSDAY

MORNING

PRACTICAL INFORMATIONS:

Accompanying persons are allowed

Medals award ceremony directly on site at the end of the event.

Circuit



Distance : 8,13 km

Positive elevation: 151m

Negative elevation: 152m

Maximum altitude: 162m

Minimum altitude: 47m

Type of route: circular