



## TRIATHLON

Site: to be confirmed

*The following informations can change. Please check the modifications on our website and directly at the Games Center.*

**AGE CATEGORIES:** Reference date 31st December 2024

**A:** Under 35

**C:** From 45 to 54

**E:** From 65 to 69

**G:** More than 75

**B:** From 35 to 44

**D:** From 55 to 64

**F:** From 70 to 75

**COMPETITION SCHEDULE:**

THURSDAY
MORNING

**PRACTICAL INFORMATIONS:**

**2 distances:**

**Olympic:** 1500 m swimming + 40km cycling + 10 km Running

**Sprint:** 750 m swimming + 20 km cycling + 5 km running

The race organized is a **DRAFT-LEGAL** (drafting) race:

Athletes can draft (stay in a bunch, follow another athlete closely) during the cycling segment. However, it does allow the use of Triathlon bikes, time-trial bikes, disc wheels, tri- spokes, elongated aero helmets and clip on aerobars.

**Accompanying persons are allowed**

**Medals award ceremony directly on site at the end of the event.**

**Circuit**

*Soon available*

Info & results: [www.medigames.com](http://www.medigames.com)