



ATHLETICS

Site: Stade des Salins

(18,19, 22 June)

190 Chem. des Salins, 83990 Saint-Tropez

GPS : 43°15'45.8"N 6°40'26.7"E

Site: Lavandou's Stadium

(21 June)

Grand Stade Avenue Vincent Auriol 83980 Le Lavandou

GPS : 43°08'02.2"N 6°21'45.2"E

The following informations can change. Please check the modifications on our website and directly at the Games Center.

AGE CATEGORIES: Reference date 31st December 2024

A: Under 35

C: From 45 to 54

E: From 65 to 69

G: More than 75

B: From 35 to 44

D: From 55 to 64

F: From 70 to 75

COMPETITION SCHEDULE: Meeting every day 30 min before the competition

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2pm - 6pm	2pm - 6pm		2pm - 6pm**	2pm - 6pm
From 2pm Long jump	From 2pm 100 m (heats & finals)		From 2pm Javelin Men	From 2pm High jump (cat.A,B,C,D)
From 2.30pm Shot put	From 2.30pm High jump (cat.E,F & G)		From 2pm Hammer	From 2pm 200 m (Heats & finals)
From 3.30pm 400 m	From 4.30pm 1500 m		From 3pm Discus	From 4pm 3000 m
5pm 5000 m			From 3.45pm 4 x 100 m	
			From 4.30pm Javelin Women	
			From 5.15pm 800m	

**** The track and field day on Friday June 21 will take place at Lavandou's Stadiums.**

PRACTICAL INFORMATION:

100m and 200m:

- Qualifying method: **REFERS ONLY TO THE TIME.** The best 3 times move on to the final (for each category). However, according to the number of entrants and the events, there might be no final but a direct ranking based on time.

4x100m:

- 3 age categories minimum have to be represented within a team.

MEN

Category	Age	Hammer	Weight	Discus	Javelin
A	Under 35	7,26 kg	7,26 kg	2 kg	800 g
B	35 - 44				
C	45 - 54	5 kg	5 kg	1,5 kg	700 g
D	55 - 64				
E	65 - 69	4 kg	4 kg	1 kg	600 g
F	70 - 75				
G	More than 75				

WOMEN

Category	Age	Hammer	Weight	Discus	Javelin
A	Under 35	4 kg	4 kg	1 kg	600 g
B	35 - 44				
C	45 - 54	3 kg	3 kg	1 kg	500 g
D	55 - 64				
E	65 - 69				
F	70 - 75	2 kg	2 kg	1 kg	500 g
G	More than 75				

**Accompanying people can compete with the entrants but will not be ranked.
Numbers will be delivered directly on the event site.**

Please MAKE SURE to be on time.

In the case a competitor is called for 2 events at the same time, he shall go to the racing event first.

A special ranking will be done for the Pentathlon (100m, long jump, high jump, shot put, 1500m). For the 100m and the 1500m, SERIES times will be taken into account.

DETAILS:**Long jump:**

If more than 8 participants in a category: 3 trials + 3 additional trials for the best 8.

If fewer than 8 participants in a category: 4 trials per person.

Shot put, Javelin, Disc, Hammer:

If more than 8 participants in a category: 3 trials + 3 extra trials for the best 8

If fewer than 8 participants in a category: 4 trials per person.

Medals award ceremony directly on site at the end of the event.