

CYCLING

Site : according to the stage

Saint-Tropez

The following informations can change. Please check the modifications on our website and directly at the Games Center.

AGE CATEGORIES: Reference date 31st December 2024

A: Under 35

C: From 45 to 54

E: From 65 to 69

G: More than 75

B: From 35 to 44

D: From 55 to 64

F: From 70 to 75

COMPETITION SCHEDULE:

The competition starts at 7.30am every day, meeting point no later than 7.15am

| TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------|---------------|----------|---------------|
| 7.30am | 7.30am | | 7.30am |
| First Stage | Second Stage | | Third Stage |

COMPETITION FORMAT

There will be 3 days of road cycling competition in the same format as car rallies, with:

- Three liaison routes, over three days, to be completed in a limited time.
- One timed special stage per route.

The 3 stages will take place on Tuesday 18, Wednesday 19 and Friday 21 June respectively.

An event briefing is scheduled for Monday 17 June, Salle Jean Despas in Saint-Tropez at 7.30pm (after the opening ceremony, scheduled for 6pm in the Port of Saint-Tropez).

To establish the rankings we have adopted the following rules:

1./ Each day, we offer you 3 routes to complete at an average speed that varies for each age category.

For men :

- Category A and B: 20km/h
- Category C and D: 19km/h
- Category E and F: 18km/h
- Category G: 17 km/h

For women :

- Category A and B: 18km/h
- Category C and D: 17km/h
- Category E and F: 16km/h
- Category G: 15km/h

Keep the following principles in mind

- If your average score is higher than the average for your category, and you therefore arrive "ahead of schedule", you will not receive a bonus.
- If, on the other hand, you do not complete the route on time, you will be penalised by 1 minute for every 15 minutes you are late.
- Any stops you make to refuel will not be deducted.

2./ Each of the 3 courses will include an "individual time trial"

- You will receive a chip beforehand that will enable us to accurately record the duration of your time trial.
- You will start as soon as you arrive at the timing point.
- If you have to wait a little while before starting your timed sector, we'll make up the time you lose at the finish.
- Once you have crossed the finish line of the timed section, you must continue the stage to the end, and make sure you arrive on time.

3./ To establish the rankings :

- Your reference time for establishing the classification of each course is that of your time trial.
- If you have completed the liaison course within the time allowed, your time remains the same.
- If you arrive after the time limit, you will be penalised by 1 minute for every 15 minutes you are late, which we will add to your time in the time trial.
- The winner of the course is the one with the fastest time (including penalties).
- The winner of the overall classification is the competitor who achieves the best overall time on the three courses.
- There will be a stage classification and an overall classification by category.

To make these competitions a great experience, we have made every effort to find **the most beautiful courses in the Var and the roads less travelled** near Saint Tropez.

IMPORTANT INFORMATION

- You must make your own way to the departure point.
- Similarly, once you've crossed the finish line, you'll have to make your own way back to your place of residence.
- None of the roads you will be taking are "closed" and none of the routes have crossroads protected by the organisers.
- YOU MUST THEREFORE RESPECT THE CODE OF THE ROAD ALL THE WAY THROUGH.
- Helmet must be worn. People who are not wearing a helmet will not be allowed to start.
- To avoid route errors, all the routes will be "signposted" with directional arrows painted on the ground at least at each lane change.
- In-flight technical assistance will be available in the event of a mechanical incident.
- Water and energy bars will be available at the start and finish of the CHRONOS.
- We prepared these three days of competition with a great deal of 'passion', striving to be professional and meticulous.
- The roads are really wonderful and we're sure you'll enjoy them.

Accompanying people can compete, but they will not be ranked.

Medals will be awarded each evening to the winners of the day's stage in Salle Jean Despas in Saint-Tropez.

FIRST STAGE:

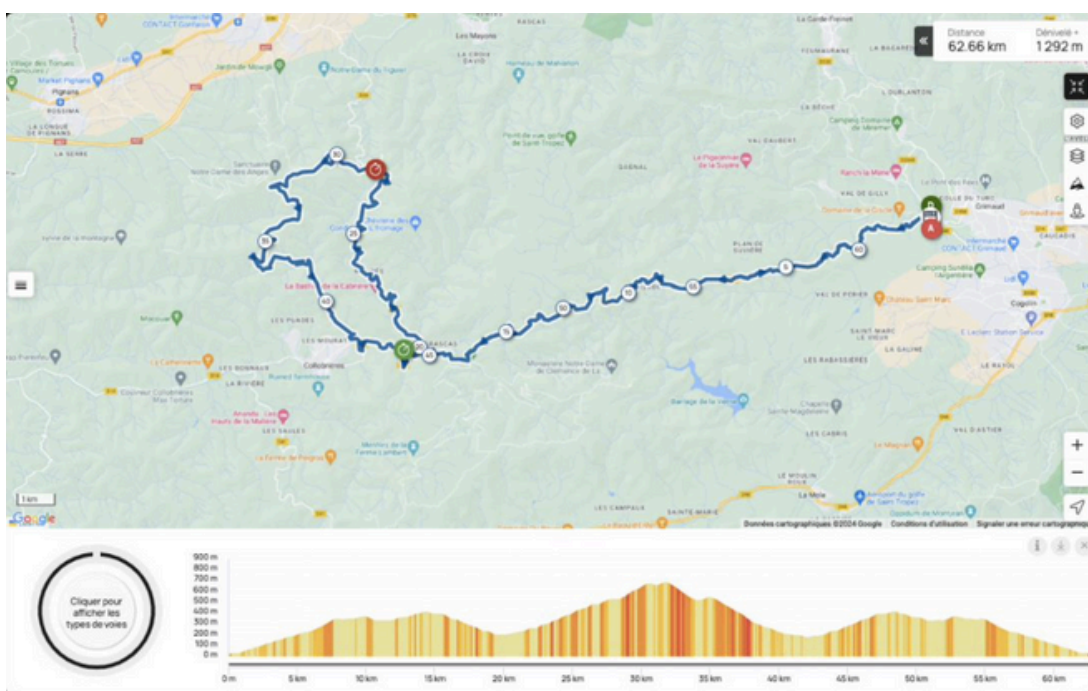
Route 1: Tuesday 18 June "From Grimaud to Grimaud" - 62.7 km, 1292 m ascent +.

Open runner layout: <https://www.openrunner.com/route-details/19173806>

Starting point: 43.27182, 6.50287

Departure 07:30. Be there no later than 7.15am.

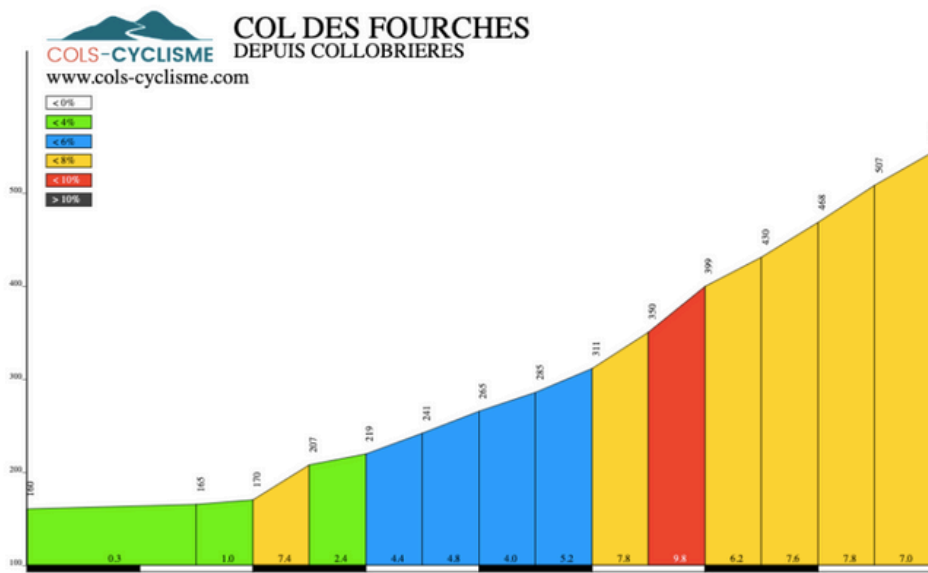
- The start will be at the crossroads of the D14 and D48 (43.27182, 6.50287).
- Take the D14, a very beautiful road towards Collobrières for almost **20km** with the Col de Taillude on the eastern side to cross.
- **The time trial is scheduled to start shortly before km 20 and will involve climbing the Col des Fourches on the south side along the D39 (around 8km at an average speed of 4.3%).**
- After the pass, continue left along the *Route des Crêtes*, then turn left shortly before **KM 35** onto the *Route des Vaudrèches*.
- At **KM 42**, you will find the *D14*, which you will take by turning left. Continue on the *D14* for around 20 km, taking the same route as at the start of the stage but in the opposite direction, crossing the Col de Taillude on the west side until you reach the D14/D48 junction, today's finishing point.



The timed pass: Col des Fourches south side.

8km at an average gradient of 4.3%.

(The length of the pass may vary slightly depending on the positioning of the timing points)



SECOND STAGE:

Route 2: Wednesday 19 June "From Port Grimaud to Port Grimaud" - 61.5 km, 936 m ascent +.

Open runner layout: <https://www.openrunner.com/route-details/19174638>

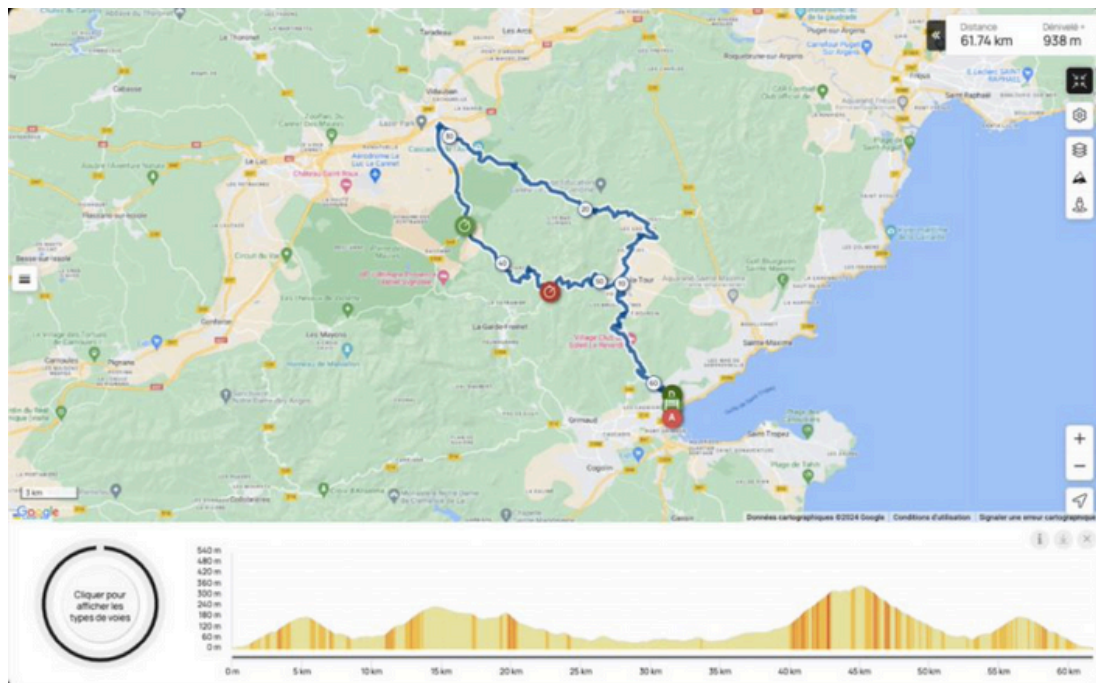
Starting point: 43.28060, 6.57864

Departure 07:30. Be there no later than 7.15am

- The start will be on the D244 just after the junction with the D559 at Saint-Pons-Les Mûres.

Please note! Take care at this junction if you are arriving by bike from the D559. We recommend that you get off your bike and cross on foot using the pedestrian crossing.

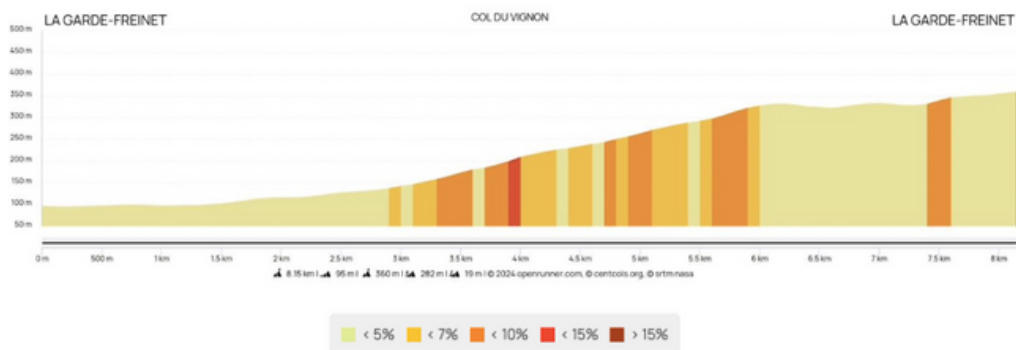
- Head for Le Plan-de-la-Tour on the D244, which becomes the D44. After crossing Le Plan de la Tour, head for Le Revest on the D44.
- Just before Le Revest, at **Km 15.5**, turn left onto the D72 towards Vidauban.
- At **KM 31**, before Vidauban, turn left onto the D48.
- **The time trial will start at Km 37 at the junction of the D48 and the D74. The route will take you up the Col du Vignon on the north side (8.15km) on the D74.**
- After the Col du Vignon, continue on the D74 as far as **KM 51.5**, then turn right onto the D44, which becomes the D244 as far as the start of the route, which will also be the finish.



The timed pass: Col du Vignon North side

8.15km at an average gradient of 3.25%.

(The length of the pass may vary slightly depending on the positioning of the timing points)



THIRD STAGE:

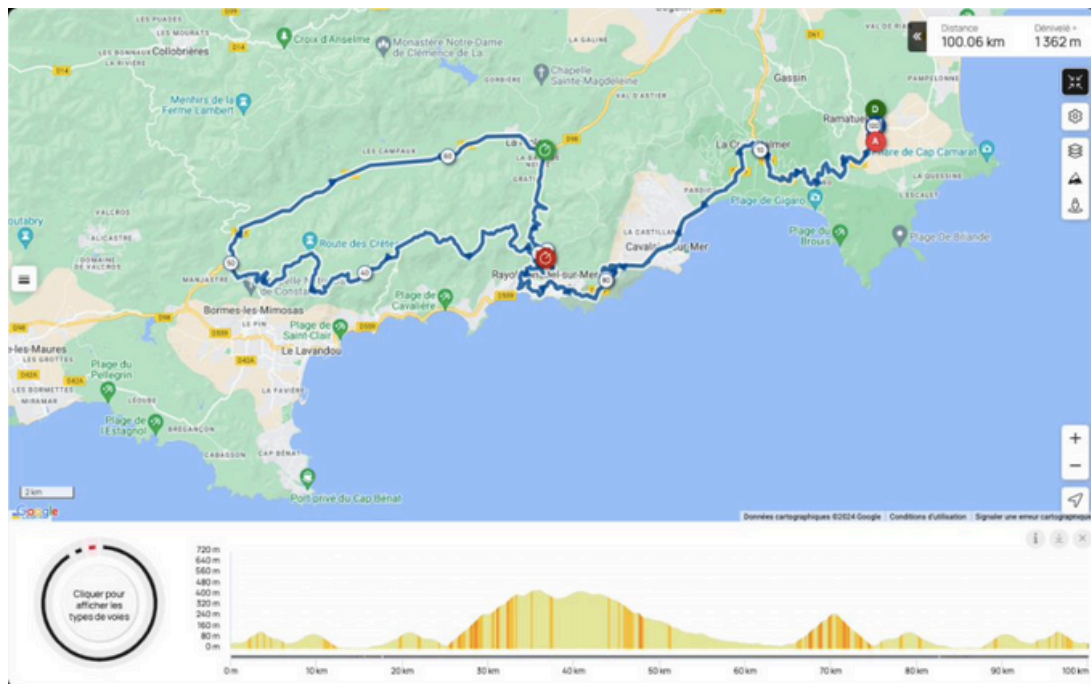
Route 3: Friday 21 June "From Ramatuelle to Ramatuelle" - 100 km, 1362 m ascent +.

Open runner layout: <https://www.openrunner.com/route-details/19174865>

Starting point: 43.21272, 6.62437

Departure 07:30. Be there no later than 7.15am

- The start will be at the crossroads just outside Ramatuelle on the D61/D93.
- Take the D93 to La Croix Valmer, climbing the eastern side of the Col de Collebasse. At **KM 10.5**, turn left onto the D559 for Cavalaire-sur-Mer and Le Rayol, still on the beautiful coastal road.
- At Le Rayol, **KM 25.5**, turn right onto the D27 to climb the Col du Canadel to the south.
- At the summit, turn left onto the famous Route des Crêtes, with its stunning views of the Iles d'Or.
- At **KM 48**, turn right onto the D41 as far as the Col de Gratteloup. At the top of the pass, turn right towards Saint-Tropez and La Mole on the D98.
- **The time trial will take place at KM 64 on the north side of the Col du Canadel via the D27 (6.4 km).**
- At the top of the pass, continue down the D27. At **KM 74.5**, turn left towards Cavalaire/la Croix Valmer (D559).
- At **KM 89.5** turn right onto the D93, climb the Col de Collebasse on the west side and reach the finish line at the same point as the start (Intersection D93/D61).



The timed pass: Col du Canadel north side

6.4 km at an average gradient of 3.84% (with one section at 17%)

(The length of the pass may vary slightly depending on the positioning of the timing points)

