



# MEDIGAMES



## *Saint-Tropez*

### SYMPOSIUM PROGRAMME

**Tuesday**

**18.00 - 19.30**

Open Communications  
Session

**Wednesday**

**18.00 - 19.30**

Open Communications  
Session

**Thursday**

**18:00 - 19:00**

**Thematic session**

Cardiovascular system and  
sports

**19.00 - 19.30**

The role of functional  
treatment in degenerative  
and traumatic knee diseases

**Friday**

**18:00 - 19:30**

**Thematic session**

Sports Nutrition



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## *Saint-Tropez*

### SYMPOSIUM PROGRAMME

**Tuesday 18 June 2024**

**18.00 - 19.30**

**Presentation by the Saint-Tropez Town Council of the initiatives implemented to promote sporting activities.**

**Tennis grip and tennis elbow.**

Stéphane EYCHENNE

**Dynamic valgus knee revealed with single-leg jump tests in soccer players.**

Ádám LENART

**What's new in sports nutrition? Let's talk microbiota!**

Martine EUTROPE

**Ketone salts supplementation before performance: a trigger, not only a fuel.**

Fabrizio RAPUZZI, Mattia SANTANGELO, Giacomo DI SALVO



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## *Saint-Tropez*

### SYMPOSIUM PROGRAMME

**Wednesday 19 June 2024**

**18.00 - 19.30**

**The athlete's chest wall**

Jacques PARIER

**Atypical endocrine doping**

Richard DUMAS

**Cardiovascular Health and Longevity: Not Only a Healthy Lifestyle**

Olivija DOBILIENE

**Management of cardiopulmonary arrest during a tennis tournament and practical exercise**

Jean-Marie BODIN, Alain SEYNAEVE

**Why the Czech republic was named "The most unhealthy country in the world"?**

Novak JAROSLAV

**Physical Activity and Psychiatric Disorders: A Narrative Review**

Humberto PIZARRO AMIGO

**Sports: From Pregnancy to Postpartum**

Michelle ABOU KHALIL



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## *Saint-Tropez*

### SYMPOSIUM PROGRAMME

**Tuesday 20 June 2024**

18.00 – 19.00

**THEMATIC SESSION - Cardiovascular system and sports**

**Physical activity, sedentary lifestyle and cardiovascular pathologies**

Pr Xavier BIGARD

**The Athlete's ECG : how to differentiate physiology from pathology ?**

Dr Kristof LEFEBVRE

19.00 – 19.30

**The role of functional treatment in degenerative and traumatic knee diseases**

Pr Olivier BARBIER



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## *Saint-Tropez*

### SYMPOSIUM PROGRAMME

**Friday 21 June 2024**

18.00 - 19.30

**THEMATIC SESSION - Sports Nutrition**

**Carbohydrate intake and sports performance, from familiar concepts to the latest recommendations**

Dr Richard DUMAS

**Protein intake for athletes. From well-established rules to dietary excesses.**

Pr Xavier BIGARD

**The hydromineral status of the athlete.**

Dr Christophe HAUSSWIRTH

The International Sports Medicine Symposium is co-chaired by Dr André Monroche and Prof Xavier Bigard.

This event has been granted 6.0 European CME credits (ECMEC®s) by the European Accreditation Council for Continuing Medical Education (EACCME®) and signing the Symposium attendance sheet will entitle you to as many credits as hours of participation in this programme.