

## OPEN WATER SWIMMING

2km or 4km

Site: Platja de Lloret de Mar

17310 Lloret de Mar, Gérone, Espagne

GPS: 41°41'52.8"N 2°50'53.7"E

*The following informations can change. Please check the modifications on our website and directly at the Games Center.*

**AGE CATEGORIES:** Reference date 31st December 2025

A: Under 35

C: From 45 to 54

E: From 65 to 69

G: More than 75

B: From 35 to 44

D: From 55 to 64

F: From 70 to 74

**COMPETITION SCHEDULE:**

Warm-up ½ hour before the start.

THURSDAY
8am

**PRACTICAL INFORMATIONS:**

2 distances: 2 km or 4 km

The open water competition is a freestyle proof.

The distance can be adapted to weather and sea conditions the day of the competition.

Below 16°C, neoprene wetsuits and caps are compulsory.

Between 16°C and 24.5°C, neoprene wetsuits are optional.

Above 24.5°C, neoprene wetsuits are forbidden.

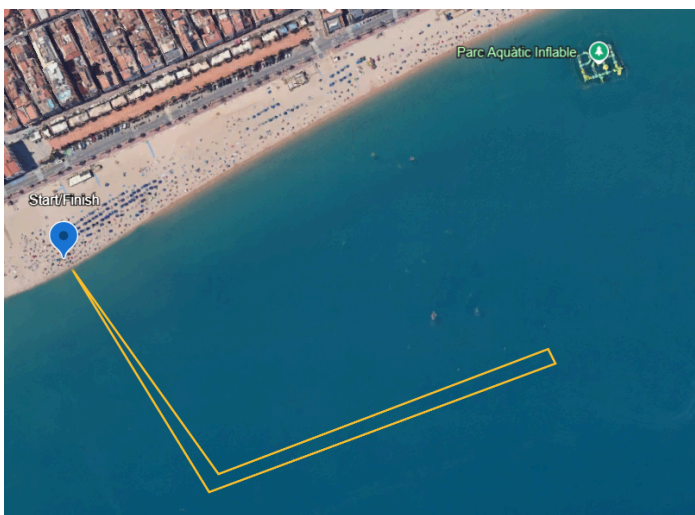
The water should be between 18°C and 20°C. Even if neopren wetsuits are optional, we recommend you to take one.

The organisation will provide you a swimming cap.

**Accompanying persons are allowed**

**Medals award ceremony directly on site at the end of the event**

**Circuit**



**GPS Point Departure :** 41°41'52.8"N 2°50'53.7"E

**Distance = 1km**

**2km race:**

**Lap = 2**

**4km race:**

**Laps = 4**

For the 2km, you will have to complete the circuit with an Australian exit.

For the 4km, you will have to complete the circuit with 3 Australian exits.