



CSO
13 - 20 JUNE 2026
CROATIA

POWERLIFTING

Site: Hotel Belvedera Park Plaza

Osipovica 33, 52203, Medulin, Croatia

GPS : 44°48'43.0"N 13°56'32.5"E

The following information may change. Please check for updates on our website and directly at the Games Center.

AGE CATEGORIES: Reference date: December 31, 2026

A: Under 35 years **C:** 45-54 years **E:** 65-69 years **G:** 75-79 years

B : 35-44 years **D :** 55-64 years **F :** 70-74 years **H:** Over 80 years

COMPETITION SCHEDULE:

Meet at 8:30 a.m.

WEDNESDAY
9.00

PRACTICAL INFORMATION:

The powerlifting event will comply with the rules of the World Drug-Free Powerlifting Federation, Inc. and will meet all the requirements of an international competition, regarding:

Plates, squat racks, benches, dumbbells and discs, warm-up room, weightlifting room, weightlifting order, loading staff.

In addition, all elements necessary for the organization will be provided to the athletes, such as chalk.

2 rankings: One per event and one overall ranking.

The table used to calculate results will be the Schwartz–Malone formula.

Companions may compete, but they will not be ranked.

Medal ceremony will take place directly on-site at the end of the event.