



MEDIGAMES

Pula - Medulin



EVENT PROGRAMME SPORT MEDICINE SYMPOSIUM

DAY AND TIME	TYPE	SUBJECT	DURATION	SPEAKER
Monday 15 June 6 pm - 7.30 pm	Physical activity and health (regular physical activity and primary or secondary prevention of chronic diseases, practical issues, specificities of physical activity in children/adolescents, adults, seniors, etc.)	1- The anti-inflammatory effects of physical activity: the role played by myokines and exergines	20 minutes presentation + 10 minutes discussion	Pr Xavier Bigard
		2- Exercise and Type 1 Diabetes: Practical Glycemic Strategies for Safe Exercise	20 minutes presentation + 10 minutes discussion	Dr Martín Rodríguez
		3- Adapted Motor Activity in the BolognaArea: An Overview of Current Pathways for Chronic Conditions	20 minutes presentation + 10 minutes discussion	Dr Letizia Gelsomini
Tuesday 16 June 6 pm - 7.30 pm	Cardiovascular system and sport (cardiac remodelling through intensive sport, cardiovascular fitness for sport, prevention of cardiac incidents on the field (SCA and SCD), etc.)	1- Coronary heart disease and sport	20 minutes presentation + 10 minutes discussion	Dr Philippe L'Allier
		2- Sudden Cardiac Arrest in Sport: Contemporary Evidence	20 minutes presentation + 10 minutes discussion	Dr Olivija Dobilienė
		3- The link between the heart, brain and exercise	20 minutes presentation + 10 minutes discussion	Dr Philippe L'Allier
Wednesday 17 June 6 pm - 7.30 pm	Open communications	1- Physical Inactivity as a Risk Factor in Patients with Acute Coronary Syndrome and Chronic Obstructive Pulmonary Disease, Performance, and Safety.	15 minutes presentation + 5 minutes discussion	Dr Simona Yankova
		2- Ultraviolet Exposure and Dermatological Challenges in Tennis Players	15 minutes presentation + 5 minutes discussion	Dr Skaidra Valiukeviciene
		3- Return-to-sports participation after anterior cruciate ligament reconstruction	15 minutes presentation + 5 minutes discussion	Mark Bence Kovacsics
		4- Swimming in ice cold water - a popular leisure activity in the Czech Republic	15 minutes presentation + 5 minutes discussion	Dr Jaroslav Novak
		5- Impact of an active break intervention on job strain,	15 minutes presentation + 5 minutes discussion	Dr Humberto Pizarro
Thursday 18 June 6 pm - 7.30 pm	Open communications	1- Physical Activity and Oral Health	15 minutes presentation + 5 minutes discussion	Dr Cristina Palimeta / Dr Aikaterini Kyranoudi
		2- Physical Activity in Healthcare Providers: Implications for Health, Well-Being, and Clinical Practice	15 minutes presentation + 5 minutes discussion	Dr Marina Baglioni
		3- Peculiar settings during the assessment of a professional football teams	15 minutes presentation + 5 minutes discussion	Dr Adrian Tase
		4- Bibliographic Review of BFR (Blood Flow Restriction Therapy)	15 minutes presentation + 5 minutes discussion	Dr Alicia Goita