



MEDIGAMES

Medulin - Pula

CSO
13 - 20 JUNE 2026
CROATIA

ATHLETICS

Site: Veruda Stadium - Pula

Ul. Velog Jože 14, 52100, Pula, Croatia

GPS: 44°51'30.1"N 13°50'03.3"E



The following information is subject to change.

To stay informed, join the competition's WhatsApp group by scanning the QR code above:

AGE CATEGORIES: Reference date December 31, 2026

A: Under 35 years old **C:** From 45 to 54 years old **E:** From 65 to 69 years old **G:** From 75 to 79 years old
B: From 35 to 44 years old **D:** From 55 to 64 years old **F:** From 70 to 74 years old **H:** Over 80 years old

COMPETITION SCHEDULE:

Bus transfer: Departure from Park Plaza Belvedere (Games Centre) at 12:55

MONDAY	TUESDAY	THURSDAY	FRIDAY
2 PM - 4 PM	MORNING** AFTERNOON	2 PM - 4 PM	2 PM - 4 PM
From 2:00 PM 100 m	From 10.00 AM Hammer**	From 2:00 PM 200 m	From 2:00 PM 800 m
From 2:25 PM Shot Put	From 2:00 PM 400 m	From 2.20 PM Discus	From 2.25 PM Long Jump
From 4:00 PM 5000 m	From 3:50 PM High Jump (cat.E,F,G & H)	From 3:40 PM 3000 m	From 4:00 PM Javelin
	From 3:30 PM 1500 m	Starting at 4:30 PM High jump (cat.A,B,C,D)	From 5:45 PM 4 x 100 m

** The hammer throw will take place in the morning in the throwing cage located next to the Games Centre in Medulin.

PRACTICAL INFORMATION:

100m & 200m:

Qualification method: REFERS ONLY TO TIME.

- 8 participants or fewer: no series
- Between 9 and 12 participants: the six best times qualify for the final
- More than 12 participants in a category: the eight best times qualify for the final

4x100m:

- A minimum of 3 age categories must be represented within a team.

Length:

- If more than 8 participants in a category: 3 attempts + 3 additional attempts for the 8 best.
- If 8 or fewer than 8 participants in a category: 5 attempts per person.

Shot put, Javelin, Discus, Hammer:

- If more than 8 participants in a category: 3 attempts + 3 additional attempts for the 8 best
- If 8 or fewer than 8 participants in a category: 5 attempts per person.

Pentathlon :

A separate ranking will be established for the pentathlon (100m, long jump, high jump, shot put, 1500m). For the 100m and 1500m, heat times will be used.

MEN

Category	Age	Hammer	Weight	Discus	Javelot
A	Under 35 y.o	7,26 kg	7,26 kg	2 kg	800 g
B	35 - 44				
C	45 - 54	5 kg	5 kg	1,5 kg	700 g
D	55 - 64				
E	65 - 69	4 kg	4 kg	1 kg	600 g
F	70 - 74				
G	75 - 79				
H	80 and over				

WOMEN

Category	Age	Hammer	Weight	Disk	Javelot
A	Under 35 y.o	4 kg	4 kg	1 kg	600 g
B	35 - 44				
C	45 - 54	3 kg	3 kg	1 kg	500 g
D	55 - 64				
E	65 - 69				
F	70 - 74	2 kg	2 kg	1 kg	500 g
G	75 - 79				
H	80 and over				

Accompanying persons can compete and will have a special ranking.

In the event that a competitor is summoned for two events at the same time, he will go first to the race event.

